Emma Wu

Project 3

The app will add on to the android app “BMI Calculator”. I will add a second activity that will suggest different fitness websites or diet websites that suites their BMI sores.

If they are **underweight**, the second website will bring them to “Healthy Ways to Gain Weight”

<http://www.webmd.com/diet/features/how-to-gain-weight#1>

If they are **normal**, the second website will bring them to “Yoga With Adriene”

https://www.youtube.com/user/yogawithadriene

If they are **overweigh**t, the second website will bring them to “17 Healthy Ways to Lose weight”

http://www.cosmopolitan.com/health-fitness/a54100/lose-weight-fast/

If they are **obese**, the second website will bring them to American Heart Association “Extreme Obesity, and What You Can Do”

http://www.heart.org/HEARTORG/HealthyLiving/WeightManagement/Obesity/Extreme-Obesity-And-What-You-Can-Do\_UCM\_457018\_Article.jsp#